

St George's Primary School Newsletter

Issue Six

Issue Six - 17th January 2025

Family Newsletter



Nurturing our community through opportunities, innovation and love.



From everybody
@ St George's

A belated Happy New Year to all our families.

Snow and ice caused a lot of disruption last week but a huge effort by the St George's staff team ensured that we were able to safely open and get children and staff back into school.

A huge thank you to all our families for your support.

We start 2025 reiterating St George's mission statement that we are focused on 'nurturing our community with opportunities, innovation and love'. That will ensure that we continue to thrive as a school community. This term we have a wide range of curriculum clubs, fitness clubs, trips, school events, family events and tuition opportunities organised to ensure that we practise our mission statement.

Please check your e-mails and the website for invitations to family support events.

- On Monday 20th January **our Year 1 and 2 team are holding pastoral drop-in sessions after school. Parents/carers have been emailed about this**
- On Tuesday 28th January **our Early Years team are holding pastoral drop-in sessions after school. Parents/carers have been emailed about this**
- If your child has SEND or pastoral needs, invitations for our termly **inclusion drop-in sessions with our SENDCO, deputy head and pastoral staff** were e-mailed to families for Tuesday 4th February. The Pastoral and SEND Team will be available all day **at Wallasey Village Library** offering 20 minute slots for parents to book onto for signposting/advice/support about anything relating to Inclusion e.g. anxiety, sleep issues, anger, SEND. A member of the early help team will also be present to offer advice and information. Also in attendance will be a representative from CAP who offer debt management advice. The link to book a place is:
<https://www.eventbrite.co.uk/e/inclusion-drop-in-tues-4th-feb-2025-tickets-1204684145709?aff=oddtcreator>

Attendance at parents' evening was excellent. Already over 95% of families have had their meetings or scheduled a conversation with their child's class teacher. Staff were very complimentary on parental engagement and feedback. We hope that all families got the information that they required.

The values of remote software was demonstrated again in turnout and helping us continue with parents' evenings despite the cold weather. Our [2024 parents' survey](#) reiterated that our parents and carers overwhelmingly prefer remote parents' evenings.

We did offer 'in person' meetings for parents and carers if required but only a very small number of parents contacted us to take up this option.

We are ensuring that we complement parents' evenings with comprehensive opportunities for families to see and celebrate their child's learning during the year. We love having families in school.

We will be holding a Year 4 Showcase at Holy Apostles and English Martyrs Church, St George's Road, on Friday 7th February. A Google form has been sent to parents/carers and the link is below:

[Year 4 Curriculum Showcase](#)

If you missed a parents' evening appointment, please contact us at the school office or e-mail schooloffice@stgeorges.wirral.sch.uk.

We are happy to phone parents or arrange further meetings if required.

Christmas showed the best of our school community.

It was made special through the engagement of families and our community partners.

In numbers Christmas 2024 was:

- 22 concerts and performances
- 35 Christmas events
- 3 Charity fundraisers to support our community (Claire House, Tiny Stars and Charles Thompson Mission.)
- Over 650 Christmas dinners
- 910 party afternoon refreshments
- 910 cinema afternoon refreshments
- 670 grotto visits
- Support and parcels for over 50 families.
- We have created a compilation of Christmas images on the [school website](#) and See-Saw

**Thank –You
to PTA for our
Pantomime
fun from
everybody @
St George’s!**

THANK YOU



As always the PTA were at the heart of the community events with the Christmas Fair and disco events being a huge success.

Massive thank you to the PTA for their funding and organisation of our pantomime performances in school last week. It was great to hear laughter from all ages (including adults).



Schools are built to serve our children and families. At St George's we believe that working with our families always helps us to be better.

This term we will be organising 3 events to help us listen to our families on diversity, SEND and school improvement priorities.

Our first group will be our **new Parents' Inclusion and Diversity parent group**. Miss Birch will be inviting a senior member of staff to work with parents and listen to their views on how we can embed inclusion and diversity in our work.

Our first session will be held at **Baked Cafe Chapter Two in Wallasey Village Library and Community Centre on Monday 20th January** with free drinks and sweet treats. Please come along if this is an important topic for you and share your views on what we do well and what we could do even better.



Updates From the School Office



The transition to **Compass meals and wallet** was very smooth this month. Thank you again for all your support.

We were able to use the **Compass app** to ensure that we had excellent communication **with you** during the snow and ice last week. If you haven't got the Compass app please sign up using our [Compass help page on the school website](#).

We are planning to have more features on Compass, with the aim of moving to a single app and login point for parents. Watch out for more news and updates throughout 2025.

We welcome two new members to our teaching assistant team this month. They are:

- Mrs Lane in Year 1
- Miss Ruddy in EYFS

Please note that unfortunately, headlice are doing the rounds in schools once again. If you discover any in your child's hair please make sure they are treated but this is not a reason for children to stay off school. There is useful guidance on the NHS website:

<https://www.nhs.uk/conditions/head-lice-and-nits/>

How do we demonstrate self awareness at St George's?

Our self-aware learning heroes accept that their choices and behaviours affect others. They see personal responsibility as a welcome challenge. They often think of others. They recognise their strengths and weaknesses and try to address this. They often achieve remarkable things.

- We realise that we make choices all the time.
- We take pride in our work/behaviour.
- We value improvement (reflection) and learn from our mistakes.
- Think about others.
- Use our talents to be the best we can be!

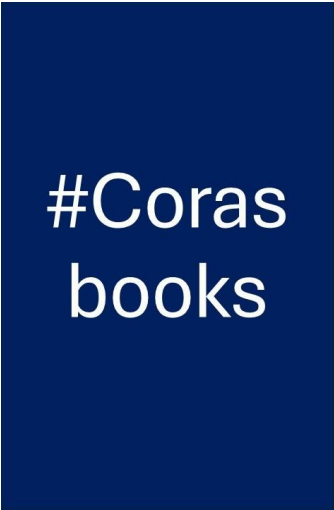


Promoting Self Awareness @ St George's

'Making good choices and valuing others.'

We love to find learning heroes in our school. We are really proud to share story of Oliver in 4A. Oliver spent a great deal of time last term making loom bands and setting up a stall outside his house. He raised £80 which he used to buy food to donate to charities in the build up to Christmas.

Great choices and thoughts for others. We are very proud of you Oliver.



#Coras
books

*Spread the
joy of
reading for
a little
person in
your life.*



As a school we will be supporting 'Cora's books' this year.

Cora was the identical twin sister of Rose, a Foundation 2 pupil here at St George's, and sadly passed away aged 25 days. Each year the family celebrates Cora's memory by leaving donated books in public places, for other children to enjoy and share, using the following message:

This book has been left as a gift to you in memory of Cora who passed away on 15th January 2020 aged 25 days. She left behind her identical twin sister Rose who has just turned 5.

If you have a little person in your life who loves a book, then please take this home and enjoy it with them. You could even reuse the bag and instructions to donate another book to pay it forward.

We would love to see pics of any books found or enjoyed so please share them on social media using the hashtag #corasbooks making sure your post is public so we can find them; we'd like to say thank you and share with Rose the legacy that her sister has left behind in her memory.

If you'd like to get involved, you can do so by buying or donating a book to leave in a place of your choosing in a zip-lock bag to be found and enjoyed by another child, all in Cora's memory. Write the hashtag #corasbooks on the inside cover and using the above wording, print it out or handwrite to leave with your book. All the previous public posts including the hashtag can still be found on Facebook and Instagram if you wanted to see how others have responded when finding books.

St George's Primary has purchased a selection of books in Cora's memory to be shared across Wirral. It is a comfort to the family knowing that we can make a positive impact by using books and reading in Cora's memory and including her name as a big part of it.



Kingsbridge
School-Centred Initial Teacher Training
(SCITT)



**Do you want to
make a difference?**

**GET INTO
TEACHING**
Information
Event

**St George's Primary School
St George's Road
Wallasey
Merseyside, CH45 3NF**

**4th Feb
2025
4pm**

FOR MORE INFO VISIT :
www.kingsbridgeteachertraining.co.uk

If you are interested in **finding out more about a career in teaching** why not come along to a Kingsbridge information event at lower site next month? Our teacher training offer is for postgraduates. We get outstanding feedback on the quality of the course, support for trainee teachers and job opportunities.

The event will be held on Tuesday 4th February at 4pm. For more information visit www.kingsbridgeteachertraining.co.uk



The PTA are preparing for their next round of school discos for years 1-6. The 'Red' discos will be held on Tuesday 11th and Thursday 13th February at upper site. Times are below:

11th February

- Year 1 - 4.30pm
- Year 2 - 5.45pm
- Year 5 - 7pm

13th February

- Year 3 - 4.30pm
- Year 4 - 5.45pm
- Year 6 - 7pm

The cost of tickets will be £3.50 including drinks of juice or water. There will also be sweets on sale at each disco. Details on how to buy tickets will be sent to parents in the next few weeks.

If you are able to help with any of the discos please fill in the Google form below:

<https://forms.gle/1YcLAWgZJcV4KuSU9>

An Easter egg hunt will be held for children in EYFS instead of the discos.

Christopher Salmon Poetry Competition Reminder



The 15th and final Christopher Salmon Poetry Competition was launched last year.

The theme for this year's competition is Hope. The competition is open to entrants under 19 years of age, being educated in Wirral. Entry is Free.

A £100 prize will be awarded to the winner of each of the following five age categories. Age 7 and under (KS 1), Age 8-11 (KS 2), Age 11-13 (KS 3), Age 14-16 (KS 4) and Age 16-19 (in full time education).

Entries must be submitted using the official entry form, which are obtainable either from the website [Christopher Salmon Poetry Competition 2025 - Wirral Poetry Festival](https://www.wirral.gov.uk/culture-and-heritage/christopher-salmon-poetry-competition-2025)

Hard copies can be collected from any Wirral Library. Entries can either be submitted by email to chrissalmonpoetry@wirral.gov.uk or hard copy entries submitted by post or by hand delivery: FAO Diane Mitchell at Birkenhead Central Library, Borough Road, Birkenhead. CH41 2XB.

The closing date for the receipt of poetry competition entries is noon on Friday 7th March 2025.



Wednesday 29th January

**Teriyaki chicken/sweet
chilli chicken and noodles**

**Egg fried rice
(plus veggie/vegan
alternative)**

**Served with broccoli and
spring rolls**



On Wednesday, 29th January, we have a Chinese New Year-themed menu thanks to Jennie and the catering team. The menu includes teriyaki chicken, noodles, egg fried rice and

vegetarian/vegan alternatives. If your child is in Foundation 2, year 1 or year 2 you do not need to do anything.

If your child is in nursery all day (unfortunately we cannot offer the themed lunch to morning or afternoon-only children due to staffing) or years 3-6 you can pay for this on Compass.



Following re-structure/recruitment within the Wirral SEND Team, updated information including the team's new name SENDSTART (SEND Statutory Assessment & Annual Review Team) is now available on the SENDLO website:

<https://www.sendlowirral.co.uk/sendstart-team>

ADHD and ASD assessment – Right To Choose

Right To Choose

Information on alternative referral options for ADHD & ASD assessment

If you are based in England under the NHS you now have a legal right to choose your mental healthcare provider and your choice of mental healthcare team, this includes for referrals relating to Autism and ADHD assessment.

This service is offered through the NHS and is free

Introduction to Right to Choose referrals

Did you know NHS patients now have a legal right to choose their mental healthcare provider? This important right means that, for instance, should you decide the waiting time for your ADHD or ASD assessment is too long, then you can choose an alternative provider to suit you.

Right to Choose within mental health is a relatively new scheme (since 2018) and as such, many patients are not aware of the options.

Who can offer Right to Choose assessments?

There are a number of clinics throughout the UK that can offer Right to Choose ADHD and/or ASD assessments. To become a Right to Choose clinic provider, the clinic must supply the same service to the NHS somewhere in England, they cannot be a private only clinic.

The provider's website is usually a good place to start to find out if they offer the service you need and we have compiled a list in this leaflet of some of the choices for you to consider.

Which providers offer Right to Choose assessments?

This list of providers is constantly changing but currently the below clinics are some of the choices available as at the time of printing this leaflet. This list is non-exhaustive and there may be other clinics you may want to research too.

ADHD Assessment Providers

- [ADHD 360](#) offer ADHD assessments for patients aged 18 and over only
- [Psicon](#) (based in Canterbury, Kent) offer ADHD and ASD assessments for patients aged 3 to 18 only
- [Psychiatry UK](#) offer ADHD and ASD assessments for patients aged 18 and over
- [Dr J & Colleagues](#) offer ADHD and ASD assessments for patients aged 18 and over
- [Clinical Partners](#) offer ADHD and ASD assessments for all patients aged 4+
- [Evolve Psychology](#) offer ADHD and ASD assessments for patients aged up to 19 only

For more information on ADHD & Right to Choose referrals, [the ADHD UK website has some useful information](#)

ASD / ASC / Autism Assessment Providers

- [Wellbeing ASD](#) offer ASD assessments for patients aged 18 and under only
- [Skylight Psychiatry](#) offer ASD assessments for patients aged 18 and over
- [Psychiatry UK](#) offer ADHD and ASD assessments for patients aged 18 and over
- [Dr J & Colleagues](#) offer ADHD and ASD assessments for patients aged 18 and over
- [Clinical Partners](#) offer ADHD and ASD assessments for all patients aged 4+
- [Evolve Psychology](#) offer ADHD and ASD assessments for patients aged up to 19 only

For more information on ASD & Right to Choose referrals, [the National Autistic Society website has some useful information](#)

Things to consider about Right to Choose

It is important to note that many of the clinics mentioned in this leaflet can offer diagnosis but are rarely able to offer medication titration.

This means that you may be able to obtain a diagnosis with the named clinics, but often you will need a local NHS referral should they find that you need to start medication to control your symptoms.

When can you not use Right to Choose?

There are some restrictions on which patients are eligible for a Right to Choose assessment and the below is a list of the reasons you would not be eligible:

- You need urgent or emergency treatment – this is often not relevant as there are rarely times when this type of referral is considered urgent, but is still worth noting here
- You already receive care and treatment for the condition you are seeking an assessment for
- The organisation or clinical team you've chosen does not provide the right care for your condition
- You are a prisoner or on temporary release from prison
- You are detained in prescribed accommodation such as a court, secure training centre, immigration removal centre or young offender's institute
- You are detained in a secure hospital setting
- You are detained under the Mental Health Act 1983 (as amended in 2007)
- You are a serving member of the armed forces

Process for requesting a Right to Choose referral from your GP

Talk to your GP, have an open and frank conversation about why you think you have ADHD and/or ASD. Talk about any and all mental health concerns you might have. The goal is to help you with your issues and the conversation often will be wider than just the query of ADHD / ASD.

Following that conversation your GP may suggest a referral for an official assessment. The current waiting list in Kent for ADHD assessment is around 7 years, whereas ASD waiting times are around 3 years. Right to Choose will allow you to consider alternative options to avoid waiting so long for a diagnosis and post-diagnostic support.

What happens when I have chosen my clinic?

For all Right to Choose referrals, the patient, or their family if a child, will need to research and select a clinic themselves, it is not something the GP can advise on.

Once you have chosen which clinic you would like to have your assessment with and obtained the relevant forms, please send an email to us at Memorial Medical Centre confirming who you have chosen and forward any forms. Please ensure any forms that are required to be completed by/for the patient are enclosed with this email together with the GP forms. This will enable us to process the referral efficiently.

How much quicker will Right to Choose be?

That depends on which clinic you choose and whether they can offer medication titration, should you need it. Currently, the local waiting times are up to 7 years (for adults and currently on Wirral over 2 years for children) A general guide for Right to Choose referrals is that assessments can be in as little as 12 weeks and as long as 12 months, which is much quicker than the NHS alternatives!

If a clinic offers diagnosis but not medication titration, then you will need a further referral for post-diagnostic support. The local waiting list in Kent for this service is around 24 months.

Unfortunately, this is not something that can be easily avoided as most medications suggested for these conditions are ones that GPs are not allowed to prescribe without the support of a specialist clinic under a Shared Care Agreement.



Miss Hughes in year 4 is our December winner for her amazing work on the year 3 and 4 library. This has been 4 months of work (and patience) Miss Hughes has worked with book sellers, donors, reading ambassadors, colleagues, artists and contractors to pull this off. Well done and thank you!

If you are impressed by a member of our staff team, please let Mr Cassidy and the senior staff know. You can leave a message at school office or email us at schooloffice@stgeorges.wirral.sch.uk



Years 1-6 enjoyed a [pantomime visit](#) last week

Last term:

Year 5 took part in an [inter-class benchball tournament](#)

Children across the school took part in a [Santa Dash](#)

6B completed their [DT projects](#)



Stage One 2000

PRESENTS

MUSICAL
YOUTH
THEATRE

MUSIC BY STEPHEN FLAHERTY
LYRICS BY LYNN AHRANS

CO-CONCEIVED BY ERIC IDLE
BASED ON THE WORKS OF DR SEUSS

SeussicalTM

The Musical

Thursday - Saturday

17th - 19th

April 2025

Nightly 7:30pm

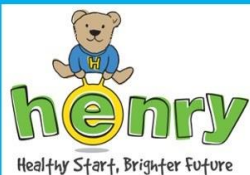
GLADSTONE THEATRE
PORT SUNLIGHT VILLAGE



TICKETS £12 (£10 CONCESSIONS)
TO BOOK AND FOR MORE INFORMATION
WHATSAPP 07838200521

This amateur production is presented by arrangement with Music
Theatre International.
All authorised performance materials are also supplied by MTI.

Mon	Sensory play for babies 10am-11am, 0-12 months. Seacombe Family Hub Story Play 10am-11am, 0-5 years. St Andrew's Church, Newington Newington Primary School Fun Time Tuesday 9.30am-10.30am, 0-5 years. Clontarf Family Centre, Clontarf Clontarf NS Ready, Steady, Play 10am-11am, 0-5 years. St James Church, Parnass Park St James NS Child Health Clinic Drop-In 9.30am-11.30am. Seacombe Family Hub Baby sing and play 10.00am-11.00am, 12 weeks-1 year. Lisheen Primary School Baby Bubble 5-12 months, 4-week course. This story is a fantastic way to encourage your baby to learn and use language through songs, stories, rhymes and sign. Booking essential. Baby Massage 0-12 months. Baby massage can help babies with keeping their muscles healthy and at-round wellbeing 6-week course. Booking essential. Baby Play 0-12 months. A wide range of stimulating and sensory play activities for both children and adults using play in a safe and welcoming environment. Please wear appropriate clothing. Sensory play for babies 0-12 months. A group for babies to enjoy exploring with their senses. Big Dish Little Dish 2 years plus. Providing parents with up-to-date information regarding nutrition, health and oral hygiene. For parents and children to actively take part in making each week a healthy meal. Booking essential. Bumps to Babies Pregnancy - 12 months. A wide range of stimulating and sensory play activities for both children and adults using messy play in a safe and welcoming	Koala Breastfeeding Support Group 10am-12pm. Seacombe Family Hub Childminder Drop-In 9.30am-12noon. Seacombe Family Hub Big Dish Little Dish 10.30am-11.30am, 2 years plus. Seacombe Family Hub HENRY 10.00-11.00, 0-5 years. Seacombe Family Hub Child Health Clinic Drop-In 9.30am-11.30am. Pasture Road (Morton) Group Practice, Clonsilla Park Pasture Road, Clonsilla Park Story Play 10am-11am, 0-5 years. Seacombe Family Hub Toddler Messy Play 10am-11am, 12 months plus. Seacombe Family Hub Sundays Makaton Signing 10am - 12noon. Seacombe Family Hub Chatter Tots 18 months plus. A five-week course to encourage signs and independence skills through fun and interactive activities. Children will be WellComm certified. Child Health Clinic Drop-In Baby weighing and health visits. If you need to consult the Health Visitor, please phone 0151 5414219. Childminders Drop-In Play sessions give childminders the opportunity to introduce children to many different types of play including creative, imaginative and messy play. Citizens Advice Drop-In CAW advisors are available to support with benefits, housing, debt and more help. Please call 0151 646 3246 for more information. Dads Group Mental health support group, run by 0-19 team. Mixture of stay and play sessions and support session weeks. Stay and Play 13/01/25, 10/01/25, 07/04/25, 10/03/25, 07/04/25, 05/05/25, 02/06/25, 09/06/25, 27/06/25, 04/07/25, 23/08/25, 13/09/25, 16/06/25. For more information contact: David.williamson@drh.nhs.uk	Baby Massage 1.30pm-2.30pm. Seacombe Family Hub Bookling essential Seacombe Family Hub Charter Tots 10.00am - 11am, 18months+. Seacombe Family Hub My Baby Club 1pm-3pm. Seacombe Family Hub Bumps to Babies 10.00am - 11.00am, 0-12 months. Seacombe Family Hub Baby Bubble 10.00am - 11.00am, 0-5 years. Eastway Primary School Baby Messy Play 1.30-2.30, 0-12 months. Seacombe Family Hub Serpentine Stay & Play 1.30pm-3.30pm, 0-5 years. Seacombe Family Hub Fun Time Tuesday Calling all families in the Merton area with children 0-5. Come along, have some fun, meet other parents. It is a fun energetic and structured play programme designed to enhance your child's social and physical skills. HENRY HENRY supports families to provide the best possible start for babies and children. Free 4-week parenting sessions around behaviour, sleep, oral health, eating. Booking essential. Koala Breastfeeding Support Group Baby weighing and advice available. If you need to contact the Health Visitor, please phone 0151 514 0219. Messy Play (Baby and Toddler) 0-5 years. Enjoy exploring and learning through messy play activities. Please wear appropriate clothing Sundowns Makaton Signing A fun way for babies and children to learn sign language with Down Syndrome. Baby sing and play 0-12 months. Encouraging movement and relaxation through song and play. Bookling essential 0-12 months. Encouraging movement and relaxation through song and play. Physical development, and early social and communication development.	Toddler Play 1pm-2pm, 12months+. Seacombe Family Hub Rainbows Group 1.30pm-2.30pm. St Andrew's Church, Newington Leasowes, Clonsilla Park Citizens Advice Widal Drop-In 1pm-4pm. Seacombe Family Hub What you would like to talk about your child's speech and language? Ensure about our WellComms screenings for more information, and to arrange your child's screening. Story Play 0-5 years, structured play activities based around a new story each week ending with stories and signing in the library. Drop-In 0-5 years. This group is for children with social and communication difficulties. The group is supported by Autism Together where you can get advice and support. Ready, Steady, Play 0-5 years. A fun, energetic and structured programme designed to enhance your child's social and physical skills. SEND stay and play A fun Stay and play session for children with additional needs, to gain practical ideas to support their overall development. Bookings essential. Stay & Play Enjoy fun activities including arts and crafts, games, songs and stories Serpentine Stay & Play 0-5 years. Enjoy fun activities including arts and crafts, games, songs and stories.	Dads Group 2pm-3pm+ Seacombe Family Hub
-----	--	---	---	---	---



FREE SESSIONS

The HENRY course is to support Parents and Carers to give their children the best start in life!

The course will cover the topics listed below

Thursday 30th January — Behaviour and Sleep

Thursday 6th February - Eating and Oral Health

Thursday 13th February — Behaviour and Sleep

Thursday 27th February — Eating and Oral Health

All sessions will be run from 9:30am-11am

at

Seacombe Family Hub

Please contact Seacombe Family Hub to book onto a session or for any queries.

0151 666 3506

Take a look at the HENRY website to find out more.

www.henry.org.uk/henryapproach



RAINBOWS

Under 5's

A stay and play group for children
with social and communication
difficulties.

This group is supported by Autism
together for advice and support.

1:30pm - 2:30pm

Castleway Primary School, Leasowe,
CH46 1RN



FREE GIRLS FOOTBALL F2 & YEAR 1

WEDNESDAYS 6-7 INDOOR @ ST
GEORGES PRIMARY SCHOOL.
CLAREMOUNT ROAD, WALLASEY.
CH45 6UE

Kickstart your football journey with our beginner coaching sessions! Our experienced coaches provide personalised training to develop your skills, boost your confidence, and ignite your passion for the game.

- ✓ SELF CONFIDENCE
- ✓ FUN
- ✓ MEET NEW FRIENDS
- ✓ EXERCISE

+++++



St George's
Primary School

Contact Us



NEIL:
07742665787



Website:
Oxtonladiesfc.co.uk

Little Actors Theatre



Theatre Tots
 Saturday 9.30am-10.10am
 Pre-school children and their carers

Theatre Club
 Saturday 10.15am-12.15pm
 Ages 5-12

LAMDA (exam preparation)
 Saturday 12.30-1.30pm
 Ages 8+
 1-2-1 classes available

InterACT Youth Theatre
 Wednesday 5-7pm
 Ages 13+

Summer Performing Arts Course
 First week in August

Workshops in Neston led by professional actors
 50% discounts for low income families

07385 849864
mail@littleactorstheatre.com www.littleactorstheatre.com

Registered Charity 1155249

Neston Town Council

JOHN THAW FOUNDATION

Funded by UK Government

Cheshire West Voluntary Action
 Championing the community sector



What is Pharmacy First?

This NHS service allows children and adults to get quick access to healthcare advice as they can walk into a pharmacy and access the service, removing the potential delay of having to wait for a GP appointment. The person will be offered a consultation with a pharmacist in a private consultation room, with some pharmacies also offering the service remotely as a video consultation.

The service supports the following conditions:

Earache (ages 1 to 17 years)

Impetigo (ages 1 year and over)

Infected insect bites (age 1 year and over)

Sore throats (age 5 years and over)

Shingles (age 18 years and over)

Sinusitis (age 12 years and over)

Urinary tract infections (UTIs) in women (ages 16 to 64 years)

The pharmacist will provide advice and, if clinically necessary, a prescription medicine to treat the condition. Should the pharmacist be unable to help, they will direct the person to their GP surgery or other health professional.

Please see the animation below for more information:

<https://www.youtube.com/watch?v=ec-43uOnzPY>

The link for a free copy of Family First, parenting magazine, is below:

<https://familyfirst.co.uk/issue1-25>